

zertifiziert nach
§20 SGB V

Leinen los und Kopf frei.

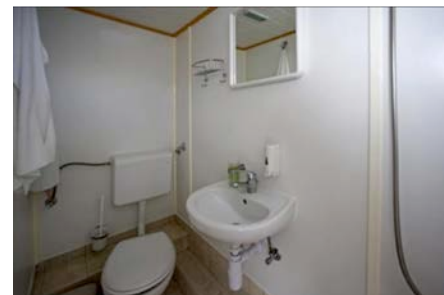


VITALTURN® 2012

Ship: VITALTURN II

Contact and information: Mobile: +43 699 1700 1322

Email: welcome@vitalturn.com



All inclusive: VITALTURN II (from/to Rijeka)

Ship charter/port fees ✓

Crew (skipper, cook, deck hands) ✓

boarding (HB/FB) ✓

Beverages/drinks ✓

VITALTURN® Trainer ✓

Fit-Check and analysis ✓

Activities and exercises ✓

Standard equipment ✓

3½ days/HB (boarding: min.18) from € 13.500,-

not included: VAT, travel cost to and from event, car parking fees

For more information visit our website: www.vitalturn.com,

or send an email to: welcome@vitalturn.com

Cabin configuration details:

- 10 double cabins in total, of those:
 - 7 cabins with double beds
 - 3 cabins with bunk beds
- 3 under deck cabins
- 3 main deck cabins
- 4 upper deck cabins
- All cabins with shower/WC/AC
- Boards: min.18 / max. 20
- Booking: Sa/Sa, Sa/Tu, Tu/Fr

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VITALTURN® 10 years in Croatia

The perfect alternative to the "usual" incentive-travel, or an added value for your corporate health-promotion policy, VITALTURN® in Croatia combines team building, health promotion, body awareness and joy of life, while discovering the beautiful nature of the Croatian islands.

VITALTURN® - certified quality

As one of the few Austrian enterprises, VITALTURN® health week received certification by "Team Gesundheit" GmbH in accordance with § 20 SGB (German social law). German corporation can apply to the program as part of their corporate health promotion plan and will receive governmental support.

Reaching for targets

Content employees, growth and productivity are considered today most important factors for success within a competitive market environment. Corporations who invest in talent and in motivation management of their workforce show clearly better results than their competitors who are not active in this area.

Team development

Excursions, internal competitions, reached targets, premiums, jubilees, ample motivation to organize an incentive event. Core question: What would you like to achieve for your team? VITALTURN® provides you with answers.

Exercise, health, nature

VITALTURN® offers with VITAL-WEEK® and VITAL-PEMIUM-WEEK® ideal instruments for corporations to motivate staff, further team development efforts and raise consciousness for a balanced life, in taking sustainable responsibility towards fitness and health.

VITALTURN® Fit-Check

We always start with a performance analysis, which allows us assessment of each participant's state of fitness. The VITALTURN® Fit-Check contains:
Anamneses
UKK Walking Test
Own Zone Test

Each participant receives his status report based on the analysis of the found data and a suggestion for a personal training plan.

Activity & endurance training

Nordic Walking, jogging, Mountain-biking, Trekking.

Concentration & relaxation training

Pilates, Yoga, Qigong, TaiChi.

Support

VITALTURN® Trainers will consult you during, before and after each activity Training. For VITAL-PREMIUMWEEK we are introducing a second trainer for your service.

Full board, half board, diets

Make your choice of preference and please advise on any specific diets that you would have to keep.

3½ - days or 1 week events

We offer VITALTURN® as a week event and also as a "divided-week" event for two groups.

We are able to adjust our offer to the size of your group

VITALTURN® ships come in various size, ranging from small with 5 to larger with 16 double cabins

All inclusive charter pricing

After you have decided on your preferred group size, the timing for your event and your program of choice, you will receive from us an all-inclusive price without any further charges.

Information and booking

For more information and details, visit our website: www.vitalturn.com, email: welcome@vitalturn.com, or just call: +43 699 1700 1322

Welcome on board!



Roland Barta: "VITALTURN® is a registered brand of the RBMS Event Agency. Medical wellness, offered within the relaxed atmosphere of a motor sailing yacht, is our recipe for a successful -vital turn- in life. Our guests move a lot, have a common experience of the wonderful nature of the Croatian islands and get their head free, to enjoy new insights, while taking away healthy habits into their everyday life. Providing such a base for change towards a healthy life style is one of the reasons, that from its early beginnings VITALTURN® was receiving the support by two major insurance companies".